

Office of the Mayor
Oro Valley, Arizona
Proclamation

**PARK AND RECREATION MONTH
JULY 2024**

WHEREAS, parks and recreation programs are an integral part of communities throughout this country, including the Town of Oro Valley; and

WHEREAS, parks and recreation promotes health and wellness, improving the physical and mental health of people who live near parks; and

WHEREAS, parks and recreation promotes time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimers; and

WHEREAS, parks and recreation encourages physical activities by providing space for popular sports, hiking trails, swimming pools and many other activities designed to promote active lifestyles; and

WHEREAS, parks and recreation increases a community's economic prosperity through increased property values, expansion of the local tax base, increased tourism, the attraction and retention of businesses, and crime reduction; and

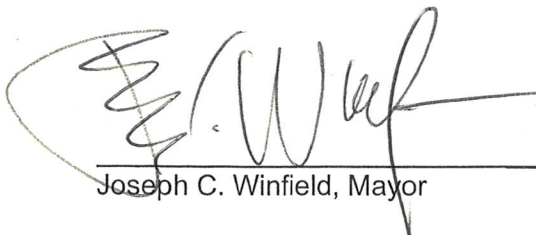
WHEREAS, our parks and natural recreation areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors.

NOW, THEREFORE, I, Joseph C. Winfield, Mayor of Oro Valley, do hereby proclaim July 2024 as

PARK AND RECREATION MONTH

in the Town of Oro Valley and encourage all residents to recreate at one of the many parks within the town and throughout the country.

Dated this 19th day of June, 2024



Joseph C. Winfield, Mayor



ATTEST:



Michael Standish, Town Clerk